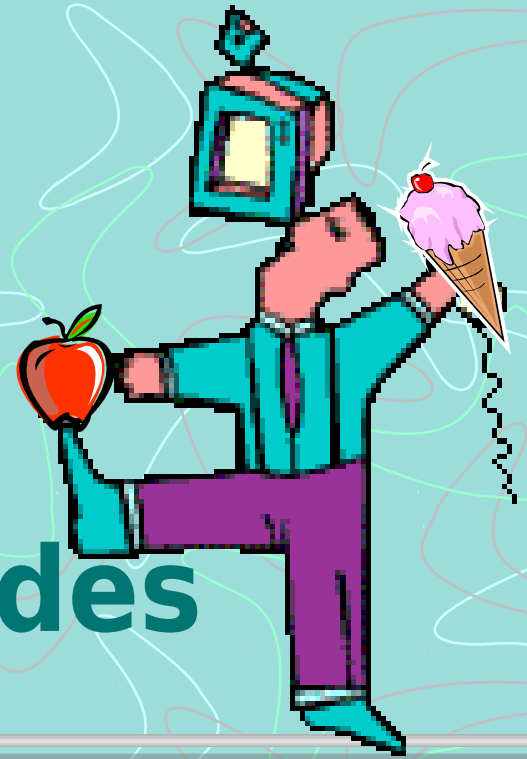
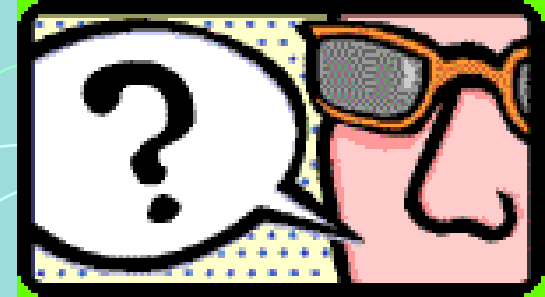


Diabetic Episodes



By Tina Bobek, R.N.

What Is Diabetes?

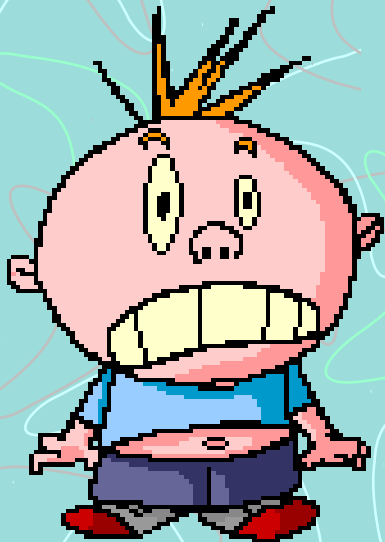


- Diabetes is a disorder that affects the sugar levels in the blood. Having too much or not enough sugar in the blood can cause diabetics to become unconscious. Because of the disease, medicine, activity level, illness, and growth - either high or low blood sugar can happen to a diabetic. When symptoms of a diabetic reaction occur you will need to act quickly in order to prevent an emergency.

Low Blood Sugar Treatment

Symptoms

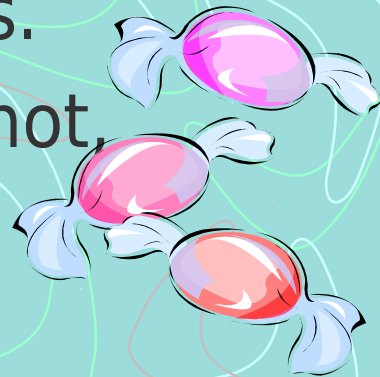
- ▶ Shaky
- ▶ Sweaty
- ▶ Looks pale
- ▶ Hunger
- ▶ Displays out of character behavior



▶ Give hard candy or some other form of sugar like juice or soft drink.

▶ Symptoms should improve dramatically within 10 minutes.

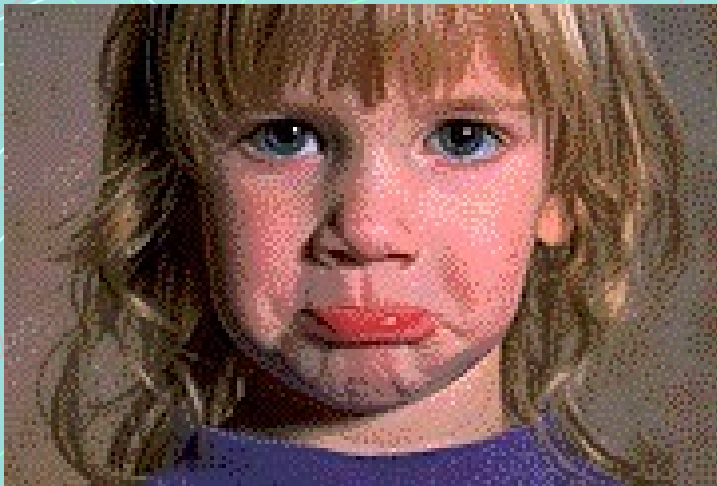
▶ If they do not, get help!



High Blood Sugar

➤ Symptoms

- Headache
- Stomachache
- Extreme thirst
- Flushed skin
- Rapid breathing



➤ Treatment

- Encourage the student to drink water
- Have the student rest
- Call for help from
 - Parents
 - School Nurse
 - Physician





Test Yourself...

When a person has low blood sugar they will...

- Be shaky, sweaty and have uncharacteristic behavior
- Be flush, nauseated, excessive thirst, and rapid breathing
- Have vomiting, diarrhea, and fever
- Give a student with low blood sugar which of the following to raise blood sugar
 - Soft drink with sugar
 - Coffee with sugar
 - milk

Press enter for correct answer