# MAY | 2023

## Teays Valley Middle School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Dutch Waffles	Pancake Sausage Wrap	3 Frosted Strawberry Poptart	4 Cinnamon Toast Crunch Soft Baked Cereal Bar	5 Cinnamon Blueberry Bar
8 Emoji Waffles	9 Apple Frudel	Cinnamon Stuffed Pretzel	11 Pancake Sausage Wrap	Super Bakery Lemon Bread
15 Dutch Waffles	16 Pancake Sausage Wrap	Chocolate Filled Crescent	18 Sausage Biscuit	19 Cinnamon Blueberry Bar
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
29	30	31	1	2

### News

Teays Valley Website Link www.payschoolscentral.com

## A breakfast consists of 3 components

- Grain
- Fruit
- Milk

#### **Daily**

- Assorted Milk
- Assorted Muffins and Poptarts
- Minimum of 2 varieties of fresh or canned fruit and juice
- All breakfast entrees are whole grain
- All breakfasts meet the NSLP guidelines

Breakfast \$2.00 Reduced \$0.30

MGR: Jill Teets

Adrianne Dean 740-983-5068 Food Service Director