

# MAY | 2023

## Teays Valley High School Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Mashed Potato Bowl w/Popcorn Chicken & Soft Baked Pretzel  Steamed Sweet Corn Milk	<b>2</b> Beef or Chicken Walking Taco w/Salsa  Fiesta Beans Milk	<b>3</b> Lasagna Rollups w/Garlic & Herb Breadstick  Green Beans Milk	<b>4</b> Cheesy Quesadillas  Fresh Baby Carrots Milk	<b>5</b> Boneless Wings w/Sun Chips  Broccoli Milk
<b>8</b> Cheesy Pull Apart Italian Bread w/Marinara  Potato Wedges Milk	<b>9</b> Loaded Nachos & Salsa  Fiesta Beans Milk	<b>10</b> Tangerine Chicken w/Fried Rice  Green Beans Milk	<b>11</b> Meatball Hoagie w/Marinara  Mashed Potatoes Milk	<b>12</b> Milk Boneless Wings w/Soft Pretzel  Broccoli Milk
<b>15</b> Sausage Patties w/Maple Pancakes  Crispy Hashbrown Rounds Milk	<b>16</b> Beef or Chicken Walking Tacos & Salsa  Refried Beans Milk	<b>17</b> Chicken Tenders w/Goldfish Crackers  Green Beans Milk	<b>18</b> Lasagna Roll Up w/Garlic Herb Breadstick  Baby Carrots Milk	<b>19</b> Boneless Wings w/Chocolate Chip Cookie  Broccoli Milk
<b>22</b> Chef's Choice	<b>23</b> Chef's Choice	<b>24</b> Chef's Choice	<b>25</b> Chef's Choice	<b>26</b> Chef's Choice
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>

### News

Teays Valley Website Link  
[www.payschoolscentral.com](http://www.payschoolscentral.com)

### A lunch consists of 5 components

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

### Available Daily

- **NEW** Hot Entrée Options  
Cheeseburger, Chicken Patty,  
Cheese or Pepperoni Pizza
- 3 Choices of Canned and/or  
Fresh Fruit, 2 or more Fresh  
Vegetables, Homemade  
salads w/grain, Assorted milk

LUNCH \$3.25  
 REDUCED .40¢

**Tina Beard MGR**

**Adrienne Dean**  
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 Food Service Director