

MAY | 2023



Teays Valley Elementary School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Dutch Waffles Blueberry Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	2 Pancake Sausage Wrap Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	3 Strawberry Poptart Double Chocolate Chip Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	4 Cinnamon Pretzel Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	5 Cinnamon Blueberry Twisted Stick Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk
8 Emoji Eggo Waffles Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	9 Apple Frudel Blueberry Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	10 Cinnamon Breakfast Round Cheese stick Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	11 Sausage Pancake Wrap Double Chocolate Chip Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	12 Powdered Donut Holes Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk
15 Dutch Waffles Blueberry Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	16 Berry French Toast Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	17 Strawberry Poptart Double Chocolate Chip Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	18 Chocolate Filled Crescent Cereal Cup 100% Fruit Juice Fresh/Canned Fruit Assorted Milk	19 Cinnamon Blueberry Twisted Stick Banana Muffin Cheese Stick 100% Fruit Juice Fresh/Canned Fruit Assorted Milk
22 Chef's Choice	23 Chef's Choice	24 Chef's Choice	25 Chef's Choice	26 Chef's Choice
29	30	31	1	2

News
 Teays Valley Website Link
www.payschoolscentral.com
A breakfast consists of 3 components

- Grain
- Fruit
- Milk

Daily

- Assorted Milk
- Minimum of 2 varieties of fresh or canned fruit and juice
- All breakfast entrees are whole grain
- All breakfasts meet the NSLP guidelines

*Breakfast \$2.00
 Reduced \$0.30*

MGRS: Alea Beck, Teresa Garrabrant, Tammy Aldenderfer, Sandy Packard

**Adrienne Dean
 740-983-5068
 Food Service Director**