



# MARCH | 2023

## Teays Valley High School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b>	<b>28</b>	<b>1</b> Lasagna Roll Up w/Garlic Herb Breadstick  Green Beans  Milk	<b>2</b> Cheesy Queso Quesadilla  Sweet Corn  Milk	<b>3</b> Boneless Wings w/Cookie  Broccoli  Milk
<b>6</b> Cheesy Pull Apart Italian Bread w/Marinara  Potato Wedges  Milk	<b>7</b> Loaded Nachos & Salsa  Fiesta Beans  Milk	<b>8</b> Cincy Chili w/Spaghetti  Green Beans  Milk	<b>9</b> BBQ Meatloaf Sandwich w/Cheese  Mashed Potatoes  Milk	<b>10</b>  <b>No School</b>
<b>13</b> Sausage Patties w/Maple Pancakes  Crispy Hashbrown Rounds  Milk	<b>14</b> Beef or Chicken Walking Tacos & Salsa  Refried Beans  Milk	<b>15</b> Chicken Tenders w/Soft Pretzel  Green Beans  Milk	<b>16</b> Baked Potato w/Chili & Shredded Cheese w/Cookie  Baby Carrots  Milk	<b>17</b> Boneless Wings w/Pretzel Goldfish  Broccoli  Milk
<b>20</b> Bosco Sticks w/Marinara  Sweet Corn  Milk	<b>21</b> Loaded Nachos & Salsa  Fiesta Beans  Milk	<b>22</b> Mini Corndogs  Green Beans  Milk	<b>23</b> Tangerine Chicken w/Fried Rice  Baby Carrots  Milk	<b>24</b> Boneless Wings w/Soft Pretzel  Broccoli  Milk
<b>27</b> Mashed Potato Bowl w/Popcorn Chicken and Soft Pretzel  Sweet Corn  Milk	<b>28</b> Beef or Chicken Walking Tacos & Salsa  Fiesta Beans  Milk	<b>29</b> Lasagna Roll Up w/Garlic Herb Breadstick  Green Beans  Milk	<b>30</b>  <b>Chef's Choice</b>	<b>31</b>  <b>Chef's Choice</b>

### News

Teays Valley Website Link  
[www.payschoolscentral.com](http://www.payschoolscentral.com)

### A lunch consists of 5 components

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

### Available Daily

- **NEW** Hot Entrée Options  
Cheeseburger, Chicken  
Patty, Cheese or Pepperoni  
Pizza
- 3 Choices of Canned and/or  
Fresh Fruit, 2 or more Fresh  
Vegetables, Homemade  
salads w/grain, Assorted  
milk

**LUNCH \$3.25  
REDUCED .40¢**

**Tina Beard MGR**

**Adrienne Dean  
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Food Service Directors**