



MARCH | 2023

Teays Valley High School Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	1 Strawberry Poptart	2 Cinnamon Toast Crunch Soft Cereal Bar	3 Cinnamon Blueberry Bar
6 Emoji Waffles	7 Apple Bosco Stick	8 Cinnamon Stuffed Pretzel	9 Pancake Sausage Wrap	10 No School
13 Dutch Waffle	14 Pancake Sausage Wrap	15 Chocolate Filled Crescent	16 Sausage Biscuit	17 Cinnamon Blueberry Bar
20 Sausage Gravy Breakfast Pizza	21 Strawberry Cream Cheese Bagel Bites	22 Cinnamon Breakfast Bar	23 PB&J Uncrustable	24 Powdered Donut Holes
27 Dutch Waffle	28 Pancake Sausage Wrap	29 Strawberry Poptart	30 Chef's Choice	31 Chef's Choice

News

Teays Valley Website Link
www.payschoolscentral.com

A breakfast consists of 3 components

- Grain
- Fruit
- Milk

Daily

- Assorted Milk
- Assorted Muffins and Poptarts
- Minimum of 2 varieties of fresh or canned fruit and juice
- All breakfast entrees are whole grain
- All breakfasts meet the NSLP guidelines

*Breakfast \$2.00
Reduced \$0.30*

MGR: Tina Beard

Adrienne Dean
 740-983-5068
 Food Service Directors