



# MARCH | 2023

## Teays Valley Elementary School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b> 1.Cheesy Pull Apart Italian Bread w/Marinara 2.Hot Dog  Seasoned Potato Wedges Milk	<b>28</b> 1.Cheesy Viking Burrito w/Salsa 2.Cheeseburger  Fiesta Beans Milk	<b>1</b> 1. Lasagna Roll Ups w/Garlic Herb Bread stick 2.Mini Corn Dogs  Green Beans Milk	<b>2</b> 1.Cheesy Queso Quesadilla 2.Chicken Patty  Fresh Baby Carrots Milk	<b>3</b> 1.Cheese or Pepperoni Pizza 2.Chicken Tenders w/Pretzel  Broccoli Milk
<b>6</b> 1.Cheesy Pull Apart Italian Bread w/Marinara 2.Hot Dog  Seasoned Potato Wedges Milk	<b>7</b> 1.Cheesy Viking Burrito w/Salsa 2.Cheeseburger  Fiesta Beans Milk	<b>8</b> 1. Loaded Tater Tot Bowl 2.Mini Corn Dogs  Green Beans Milk	<b>9</b> 1.BBQ Meatloaf Sandwich w/Cheese 2.Chicken Patty  Mashed Potatoes Milk	<b>10</b> <h3>No School</h3>
<b>13</b> 1.Mashed Potato Bowl w/Popcorn Chicken 2.Hot Dog  Steamed Sweet Corn Milk	<b>14</b> 1.Beef or Chicken Walking Taco w/Salsa 2.Cheeseburger  Refried Beans Milk	<b>15</b> 1. Cincy Chili w/Spaghetti and Breadstick 2.Mini Corn Dogs  Green Beans Milk	<b>16</b> 1.French Toast Bites with Sausage Patties 2.Chicken Patty  Crispy Tater Tots Milk	<b>17</b> 1.Cheese or Pepperoni Pizza 2.Chicken Tenders w/Pretzel  Broccoli Milk
<b>20</b> 1.Cheesy Pull Apart Italian Bread w/Marinara 2.Hot Dog  Seasoned Potato Wedges Milk	<b>21</b> 1.Loaded Nachos w/Salsa 2.Cheeseburger  Southwest Beans Milk	<b>22</b> Chicken Nuggets with Goldfish Crackers 2.Mini Corn Dogs  Green Beans Milk	<b>23</b> 1.Tangerine Chicken w/Fried Rice 2.Chicken Patty  Steamed Carrots Milk	<b>24</b> 1.Cheese or Pepperoni Pizza 2.Chicken Tenders w/Pretzel  Broccoli Milk
<b>27</b> 1.Bosco Sticks w/Marinara 2.Hot Dog  Steamed Sweet Corn Milk	<b>28</b> 1.Beef or Chicken Walking Taco w/Salsa 2.Cheeseburger  Fiesta Beans Milk	<b>29</b> 1. Lasagna Roll Ups w/Garlic Herb Bread stick 2.Mini Corn Dogs  Green Beans Milk	<b>30</b> 1.Chef's Choice 2.Chicken Patty  Steamed Carrots Milk	<b>31</b> 1.Chef's Choice 2.Chicken Tenders w/Roll  Fresh Broccoli Milk

### **News**

Teays Valley Website Link  
[www.payschoolscentral.com](http://www.payschoolscentral.com)

### **A lunch consists of 5 components**

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

### **Available Daily**

- **NEW Hot Entrée Options:** Students can choose entrée 1 or entrée 2, House Made Salads will also be available daily in the event a kiddo changes their mind.
- 3 Choices offered of Canned and/or Fresh Fruit, 2 or more Fresh Vegetables, Side Salad, Assorted milk

**Lunch \$3.00  
 Reduced .40¢**

**MGRS: Alea Beck, Teresa Garrabrant, Tammy Aldenderfer, Sandy Packard**

**Adrienne Dean  
 740-983-5068  
 Food Service Directors**