








TEAYS VALLEY MIDDLE SCHOOL MARCH 2019



JILL TEETS - EAST JANNETTE FAUSNAUGH - WEST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25-Feb	26-Feb	27-Feb	28-Feb	1-Mar
PANCAKE/SAUSAGE ON STICK HASHBROWN ROUNDS CELERY STICKS-DIP FRESH FRUIT-JUICE CHOICE CHEESE STICK-GRAHM CRACKER MILK	CRUNCHY TACO'S BLACK OR REFRIED BEANS FIESTA CORN FRESH FRUIT-PEAR CUP SOUR CREAM-SALSA CUP MILK	PIZZA ROMAINE SALAD CARROTS FRESH FRUIT-APPLESAUCE COOKIE MILK	CHICKEN TENDERS MASHED POTATOES CUCUMBERS-DIP FRESH FRUIT-MANDARIN ORANGE WG DINNER ROLL MILK	BOSCO STICK-MARINARA CUP MIXED VEGETABLES FRESH VEGGIES-DIP FRESH FRUIT-MIXED FRUIT ICE CREAM CUP MILK
4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
BACON CHEESEBURGER OVEN BAKED FRIES COUNTRY BAKED BEANS FRESH FRUIT-PEACH CUP PICKLE SLICES MILK	GRILLED CHEESE TOMATO SOUP / CRACKERS CUCUMBERS- DIP FRESH FRUIT-MANDARIN ORANGES GOLDFISH CRACKERS MILK	PIZZA BROCCOLI CARROTS FRESH FRUIT-APPLESAUCE COOKIE MILK	CHEESE RAVIOLI TOSSED SALAD GREEN BEANS FRESH FRUIT-PINEAPPLE TWISTED BREADSTICK MILK	CRISPY CHICKEN TENDERS CHEESY POTATOES MIXED VEGETABLES FRESH FRUIT-MIXED BERRIES WG DINNER ROLL MILK
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
PIZZA POCKET TOSSED SALAD CELERY STICKS-DIP FRESH FRUIT-TROPICAL FRUIT SHERBET CUP MILK	WALKING TACO BEEF, CHEESE, AND CHIPS BLACK OR REFRIED BEANS CORN FRESH FRUIT-PEAR CUP SOUR CREAM,SALSA, MILK	PIZZA ROMAINE SALAD CARROTS FRESH FRUIT-APPLESAUCE COOKIE MILK	HOT TURKEY SANDWICH MASHED POTATOES/GRAVY PEAS AND CARROTS FRESH FRUIT-PEACH CUP DESSERT MILK	HOT DOG OVEN BAKED FRIES FRESH VEGGIES-DIP FRESH FRUIT-MIXED BERRIES SPRING TREAT MILK
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
 NO SCHOOL	 NO SCHOOL	 NO SCHOOL	 NO SCHOOL	 NO SCHOOL
25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
CHICKEN PATTY SANDWICH BROCCOLI / CHEESE GREEN BEANS FRESH FRUIT-PEAR CUP PICKLES / SLICED TOMATOES MILK	MINI PANCAKES SAUSAGE HASHBROWN ROUNDS CELERY-DIP FRESH FRUIT-JUICE CUP CHEESE STICK-MILK	PIZZA TOSSED SALAD CARROTS FRESH FRUIT-APPLESAUCE COOKIE MILK	TACO IN A BAG BEEF, CHEESE, AND CHIPS BLACK OR REFRIED BEANS SOUTHWEST CORN FRESH FRUIT-MIXED BERRIES SOUR CREAM, CHIPS-MILK	BACON CHEESE BURGER OVEN BAKED FRIES FRESH VEGGIES-DIP FRESH FRUIT-MANDARIN ORANGES SCOOPY SNACKS MILK
STUDENT LUNCH- \$2.90	REDUCED LUNCH.....40		EXTRA MILK.....50	ADULT \$4.00
STUDENT BREALFAS \$ 1.50	REDCED BREAKFAST \$.30			

Note: Menu Subject to Change Without Notice

NUTRITION NOTES:

EATING RIGHT AND BEING PHYSICALLY ACTIVE ARE NOT JUST "DIETS" OR "PROGRAMS"--THEY ARE KEYS TO A HEALTHY LIFESTYLE. WITH HEALTHFUL HABITS, YOU MAY REDUCE YOUR RISK OF MANY CHRONIC DISEASES SUCH AS HEART DISEASE, DIABETES, OSTEOPOROSIS, AND CERTAIN CANCERS, AND INCREASE YOUR CHANCES FOR A LONGER LIFE!



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