

# How to Use the EpiPen® (epinephrine) Auto-Injector

EpiPen (epinephrine) Auto-Injector 0.3 mg and EpiPen Jr® (epinephrine) Auto-Injector 0.15 mg are the #1 prescribed products used for the treatment of life-threatening allergic reactions (anaphylaxis). Be sure to carry two EpiPen Auto-Injectors with you at all times. Seek immediate emergency medical help after use.



## TO REMOVE EPIPEN FROM THE CARRIER TUBE:

1. Flip open the yellow cap of the EpiPen® or the green cap of the EpiPen Jr® Auto-Injector carrier tube.
2. Remove the EpiPen® or EpiPen Jr® Auto-Injector by tipping and sliding it out of the carrier tube.

## TO USE EPIPEN:

1. Grasp unit with the orange tip pointing downward.
2. Form fist around the unit (orange tip down).
3. With your other hand, pull off the blue safety release.
4. Hold orange tip near outer thigh. **DO NOT INJECT INTO BUTTOCK.**
5. Swing and firmly push against outer thigh until it clicks so that unit is perpendicular (at 90° angle) to the thigh. (Auto-injector is designed to work through clothing.)
6. Hold firmly against thigh for approximately 10 seconds to deliver drug. (The injection is now complete. The window on auto-injector will be obscured.)
7. Remove unit from thigh (the orange needle cover will extend to cover needle) and massage injection area for 10 seconds.
8. Call 911 and seek immediate medical attention.
9. Take the used auto-injector with you to the hospital emergency room.

**Note:** Most of the liquid (about 85%) stays in the auto-injector and cannot be reused. However, you have received the correct dose of the medication if the orange needle tip is extended and the window is obscured. Used auto-injector with extended needle cover will not fit in carrier tube.

## DIRECTIONS FOR USE

- REMOVE AUTO-INJECTOR FROM CARRIER TUBE BEFORE USE.
- NEVER PUT THUMB, FINGERS OR HAND OVER ORANGE TIP.
- NEVER PRESS OR PUSH ORANGE TIP WITH THUMB, FINGERS OR HAND.
- THE NEEDLE COMES OUT OF ORANGE TIP.
- DO NOT REMOVE BLUE SAFETY RELEASE UNTIL READY TO USE.
- DO NOT USE IF SOLUTION IS DISCOLORED.
- DO NOT PLACE PATIENT INSERT OR ANY OTHER FOREIGN

## Important Safety Information

EpiPen Auto-Injectors contain a single dose of epinephrine, which you inject into your outer thigh. **DO NOT INJECT INTRAVENOUSLY. DO NOT INJECT INTO YOUR BUTTOCK**, as this may not be effective. In case of accidental injection, please seek immediate medical treatment. Epinephrine should be used with caution if you have heart disease or are taking certain medicines that can cause heart-related (cardiac) symptoms. (continued on back)

Please see additional Important Safety Information on the back.  
Please see accompanying full Prescribing Information and Patient Insert.

**OBJECTS IN CARRIER WITH AUTO-INJECTOR, AS THIS MAY PREVENT YOU FROM REMOVING THE AUTO-INJECTOR FOR USE.**

## ! WARNING !

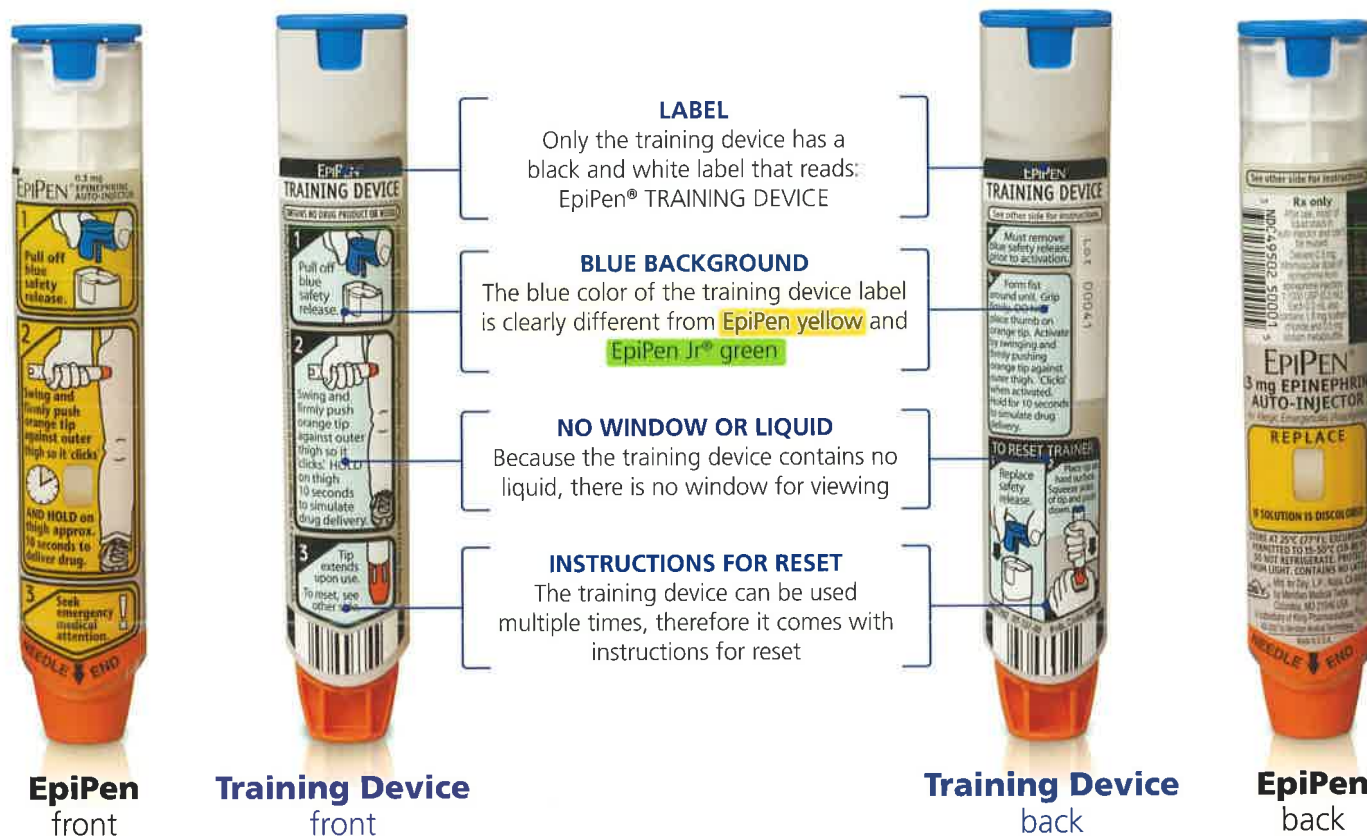
- NEVER put thumb, fingers or hand over orange tip. NEVER press or push orange tip with thumb fingers or hand. The needle comes out of orange tip. Accidental injection into hands or feet may result in loss of blood flow to these areas. If this happens, go immediately to the nearest emergency room.
- EpiPen® and EpiPen® Jr Auto-Injector should be injected only into the outer thigh (see "Directions for Use"). **DO NOT INJECT INTO BUTTOCK.**
- Do NOT remove blue safety release until ready to use.

**EPIPEN 2-PAK® EPIPEN Jr 2-PAK®**  
(Epinephrine) Auto-Injectors 0.3/0.15mg

# Practice With the Training Device

Every EpiPen® (epinephrine) 2-Pak Auto-Injector 0.3 mg and EpiPen Jr® (epinephrine) 2-Pak Auto-Injector 0.15 mg comes with a training device. The training device contains no needle and no drug, and therefore SHOULD NOT BE USED during an anaphylactic reaction. Use the visual below to clearly distinguish between the training device and EpiPen.

## IDENTIFY THE TRAINING DEVICE BY:



### Important Safety Information (continued)

If you take certain medicines, you may develop serious life-threatening side effects from the epinephrine in EpiPen Auto-Injectors. Be sure to tell your doctor all the medicines you take, especially medicines for asthma. Side effects may be increased in patients with certain medical conditions, or who take certain medicines. These include asthma, allergies, depression, thyroid disease, Parkinson's disease, diabetes, high blood pressure and heart disease.

The most common side effects may include increase in heart rate, stronger or irregular heartbeat, sweating, nausea and vomiting, difficulty breathing, paleness, dizziness, weakness or shakiness, headache, apprehension, nervousness or anxiety. These side effects usually go away quickly, especially if you rest.

Talk to your healthcare professional to see if EpiPen or EpiPen Jr Auto-Injector is right for you.

### Indications

EpiPen® (epinephrine) 0.3 mg and EpiPen Jr® 0.15 mg Auto-Injectors are for the emergency treatment of life-threatening allergic reactions (anaphylaxis) caused by allergens, exercise, or unknown triggers; and for people who are at increased risk for these reactions. EpiPen and EpiPen Jr are intended for immediate self-administration as emergency supportive therapy only. Seek immediate emergency medical treatment after use.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

To register your EpiPen and receive expiration date reminders, visit [myepipen.com](http://myepipen.com)

Please see accompanying full Prescribing Information and Patient Insert.

**EPIPEN 2-PAK® EPIPEN Jr 2-PAK®**  
(Epinephrine) Auto-Injectors 0.3/0.15mg



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